

Crown Prep Post Op Instructions

Post-Operative Instructions for Crown Preparation

Thank you for choosing us for your dental care. Proper aftercare is essential to ensure a comfortable healing process and the success of your final crown. Please follow these instructions carefully:

First 24 Hours

1. **Numbness:** Your mouth may remain numb for a few hours. Avoid chewing on the treated side until the numbness wears off to prevent injury.
2. **Sensitivity & Discomfort:** Mild sensitivity to temperature and pressure is normal. Over-the-counter pain relievers like ibuprofen or acetaminophen can help.
3. **Bleeding:** Slight bleeding at the gumline is normal. Rinse gently with warm salt water ($\frac{1}{2}$ teaspoon salt in 8 oz of water) if needed.
4. **Temporary Crown Care:**
 - o Avoid sticky, hard, or chewy foods that could dislodge the temporary crown.
 - o If the temporary crown comes off, contact our office for a replacement.
 - o Do not floss up and down around the temporary crown—slide floss out gently instead.

After 24 Hours

1. **Oral Hygiene:** Brush and floss as normal, being gentle around the temporary crown.
2. **Diet:** Continue avoiding hard or sticky foods until the permanent crown is placed.
3. **Sensitivity:** Some sensitivity is expected, but it should gradually subside. If it worsens, let us know.

What to Watch For

- **Loose or Lost Temporary Crown:** If your temporary crown falls off, call us to have it re-cemented.
- **Persistent Pain or Sensitivity:** Mild discomfort is normal, but severe pain may indicate an issue.
- **Bite Feels Off:** If your bite does not feel even, contact us for an adjustment.

Follow-Up Care

- Your final crown will be placed at your next appointment. Be sure to keep your scheduled visit to complete treatment.
- If you experience any unusual symptoms or discomfort, contact our office immediately.

We are here to help! If you have any concerns, please reach out to our office. Wishing you a smooth and comfortable recovery!